



The National Partnership for Community Leadership (NPCL)
Strengthening Organizations to Serve People and Communities for the Future

MASTER TRAINER INSTITUTE CERTIFICATION

Responsible Fatherhood Family Life Coach

Building Strong Families: Expanding Services to Work with Men and Fathers

The NPCL Partners for Fragile Families evidence-based *Fatherhood Development Curriculum* has the distinction of being the only fatherhood curriculum recommended and used in five national demonstration projects targeting low-income fathers, including several fatherhood projects under the previous two New Pathways Demonstration projects from 2011-2020. In total, these demonstration sites represented 50 communities nationwide.

The Master Trainer Institute Certification Training in Responsible Fatherhood trains all levels of practitioners, educators, Healthy Start and Head Start staff, social workers, community leaders, and more using real-life case studies, experiences and challenges of fathers in fragile family settings. This certification offers practitioners a field-tested guide to working with fathers in providing support, information and motivation in areas of life skills, parenthood, relationships (including exploring marriage and team parenting), and health. This training also offers a proven methodology for training and learning, and assessment tools.

The sessions are organized around five areas of content, as follows:

Module I: Personal Development This Module includes team-building activities and incorporates interactive session on values, manhood and self-sufficiency.

Module II: Life Skills This Module includes skill-building sessions on communication, decision-making, dealing with stress, and coping with discrimination.

Module III: Responsible Fatherhood (Working with Men on Parenting Skills) This Module is the heart of the curriculum, focuses on the important role that fathers play in the lives of their children.

Module IV: Relationship Skills Working with Men and Fathers, Relationship Skills for Healthy Marriage and Team Parenting. This Module explores ways to communicate effectively and considers differences in male and female styles of communication;

Module V: Health and Sexuality This Module emphasizes awareness of potential health problems, suggests ways to take charge of one's own health, replaces myths that men may hold about sexuality and substance abuse with facts, and provides skills for reducing sexual risks.